

Family of Parishes (FOP) Creation Care Lenten and Easter Challenge #6

Our FOP Creation Care Team presents Worksheet #6 of the Maryknoll Affiliates Laudato Si' Action Platform (LSAP) worksheets to continue helping us respond to Pope Francis's call to environmental sustainability. <https://laudatosiactionplatform.org/>

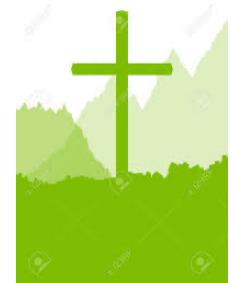


Worksheet # 6 – Goal #6 – Ecological Spirituality springs from a profound ecological conversion and helps us to “discover God in all things,” both in the beauty of creation and in the sighs of the sick and the groans of the afflicted, aware that the life of the spirit is not dissociated from worldly realities. This worksheet suggests practices that can help us grow in our faith, looking for God in all things, and practices which can also help us understand how our choices and behaviors impact our relationship with our Creator and with all of Creation.

Focus Areas for Goal #6 – Finding God in all Things; Ecological Examen

Specific Actions for Goal #6

Pray: Pray for Ecological Conversion. Consider St. Francis of Assisi, described in Laudato Si' (10-11), “His response to the world around him was so much more than intellectual appreciation or economic calculus, for to him, each and every creature was a sister united to him by bonds of affection. That is why he felt called to care for all that exists. His disciple Saint Bonaventure tells us that, “he would call creatures, no matter how small, by the name of ‘brother’ or ‘sister’.”



Act: Short Term Actions: Spend time outside in a prayerful setting, perhaps your favorite lakeshore. Think on and pray for all of Creation, and ask God's help in caring for it. Ecological Examen: Pray individually or communally from www.EcologicalExamen.org.

Longer Term Actions: Commit to noticing God's presence in other humans and in the beauty of His natural world. Find ways to incorporate prayer and service to all of Creation in your favorite prayer practices. For example, try praying the Laudato Si' rosary or the Ecological Stations of the Cross which can be found in the Laudato Si' Prayer Book accessed via the link and QR code below.

Advocate: Advocate for Creation Care in religious celebrations within your diocese.

Please see the Maryknoll worksheet #6 in full for more *specific* actions for Goal #6 Ecological Spirituality. <https://godsplanet.us/maryknoll-affiliates-lsap-goals-worksheets>

