

Helpful Resources for Caregivers

*November is
National Family Caregivers Month*



Resource Assistance and Free Placement Assistance

Parents Changing Spaces	(248) 875-2052	www.Parentschangingspaces.com
Next Steps for Seniors	(248) 651-5010	www.nextstepsforseniors.com
Oasis	(586) 596-8523	www.Oasissenioradvisors.com/local-advisors/macomb
AgeWays	(800) 852-7795	www.Ageways.org

Home Care Resources

Visiting Angels	(248) 649-8890	www.visitingangels.com
Comfort Keepers	(248) 206-0314	www.comfortkeepers.com/offices/rocheste/rochester-hills
Advanced Home Care	248-588-0069	cmable@advancedhomecare.net
Kindred Hearts Home Care	(248) 922-7331	www.kindredheartshc.com
Better You Home Health	(313) 878-2845	www.betteryouhomehealth.com

Hospice

Angela Hospice Home Care, Inc.	(734) 464-7810	https://angelahospice.org/about/
Angela Hospice at Lourdes	(248) 886-5101	

Geriatric Specialist

Malissa Evo Henkelman	(248) 917-1847	Evom1@comcast.net
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Adult Day Care

OPC Social and Activity Center	(248) 656-1403	www.opccenter.org
Quality of Life Adult Day Care	(248) 364-4064	www.qualityoflifecenter.net
Helping Hands Adult Day Care Program	(248) 260-7020	www.helpinghandsseniorcarellc.com

Elder Law Attorneys

Rutkowski Law Firm	(248) 920-9841	www.rutkowskilawfirm.com
Mannor Law Group	(248) 648-3534	www.mannorlawgroup.com

Disease Specific Support

Alzheimer's Association	(800) 272-3900	www.alz.org/gmc
Michigan Parkinson's Foundation	(800) 852-9781	www.parkinsonsmi.org
Michigan Cancer Support Network	(248) 482-8300	www.mcancersupportnetwork.org
ALS of Michigan (Lou Gehrig's Disease)	(800) 882-5764	www.alsofmichigan.org
Michigan Heart Association	(248) 936-5800	www.heart.org/en/affiliates/michigan
American Diabetes Association	(248) 433-3830	www.diabetes.org/local/michigan
Michigan Arthritis Foundation	(800) 283-7800	www.arthritis.org/spotlight-stories/michigan
Vacation Dementia Specialists		www.EliteCruisesAndVacationsTravel.com

Caregiver Support Groups

Christ the Redeemer Church	(248) 391-1621	2 nd Tuesday of the month from 2-3 pm
OPC Alzheimer's and Dementia	(248) 568-3549	2 nd Tuesday of the month w/respite care
OPC Parkinson's Partner	(248) 568-3549	last Wednesday of the month
Henry Ford Health ONLINE	(866) 574-7530	virtually, every Tuesday at 11 am

Caregiver Tips and Help

Caregiver Action	https://www.caregiveraction.org/
Mental Health America	www.mhanational.org/resources/getting-started-guide-for-new-mental-health-caregivers/